Banff National Park of Canada

BANFF NATIONAL PARK is the birthplace of Canada's national park system, created around the warm mineral springs near Banff townsite. Visit the Cave and Basin National Historic Site for the full story.

Established in 1885 Size: 6641 km² (2564 sq. mi.)

TRANS-CANADA ** HIGHWAY

Speed limit: 90 km/h (55 mph)

Drive with care on this busy highway. Look for animal overpasses between Banff and Lake Louise, built to connect habitat and allow safe animal passage.

Trans-Canada Highway construction is underway. Obey construction speed-zone signs and flag people. Anticipate some delays.

1 The Town of Banff ALL SERVICES

Explore Canada's first national park community. Population 8721

2 The Village of Lake Louise MOST SERVICES

Experience the hospitality of this hiker's haven. Population 1500

BOW VALLEY PARKWAY

Speed limit: 60 km/h (37 mph)



Experience life in the 'scenic' lane. Roadside interpretive panels at pull-offs along the way connect you to the diversity of life and life forces that flow through the Bow Valley.

Bow Valley Parkway Seasonal Road Restriction from March 1 to June 25, evenings 6 pm - 9 am, helps protect wildlife at a critical time of year. This voluntary travel restriction is in effect between the east exit on the 1A near Banff for 18 km to Johnston Canyon. When travelling east from Lake Louise to Banff, connect to the Trans-Canada Highway at Castle Junction. Access to commercial facilities along the parkway during this time is best from Castle Junction.

e Interpretive Displays

| Distance (km) from | Banff | Lake Louise | Ŧ |
|--------------------|-------|----------------|---|
| Backswamp | 3 | 49 | |
| Mule Shoe | 6 | 46 | ~ |
| Prescribed Burn | 8 | 44 | |
| Sawback | 11 | 41 | 1 |
| Hillsdale | 13 | 39 | |
| Pilot Pond | 16 | 36 | |
| Moose Meadow | 21 | 31 | |
| Castle Cliffs | 26 | 26 | |
| Storm Mt. | 28 | 24 | ~ |
| Baker Creek | 40 | 12 | |
| Morant's Curve | 48 | 4 | |

3 Johnston Canyon 肾份已回益止

25 km (30 min) from Banff
A paved trail and exciting catwalks cling to the canyon walls.

- 1.1 km (20 min) to the Lower Falls
- 2.7 km (1 hr) to the Upper Falls For safety's sake, stay on the trail and away from the edge.

ICEFIELDS PARKWAY 93

Speed limit: 90 km/h (55 mph)

This spectacular 230-km drive along the backbone of the continent passes through remote, high-altitude terrain. Weather and driving conditions can be severe. Chains or winter tires are required in winter. **No services**November to March. A park pass is required. No commercial trucks are allowed.

- Watch for reduced speed limits in congested zones and places frequented by wildlife.
- Ask for the *Icefields Parkway* brochure, your guide to peak names, icefield names and other points of interest.



4 Crowfoot Glacier

34 km (25 min) from Lake Louise A century ago, the 'crowfoot' had three 'toes' of ice. Since then the glacier has melted back and the lower toe has been lost. These days the middle toe is disappearing, too.

5 Bow Pass ("Bow Summit") and Peyto Lake Viewpoint

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40 km (30 min) from Lake Louise This is the highest road pass in the four mountain parks at 2088 m (6849') above sea level. A short, uphill walk from the parking area leads to a view of Peyto Lake, glacially-fed and brilliantly turquoise.

6 Mistaya Canyon

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72 km (50 min) from Lake Louise

Only 10 minutes by trail from the road. Look for rounded potholes and a natural arch on the canyon walls.



7 Saskatchewan Crossing and Viewpoint

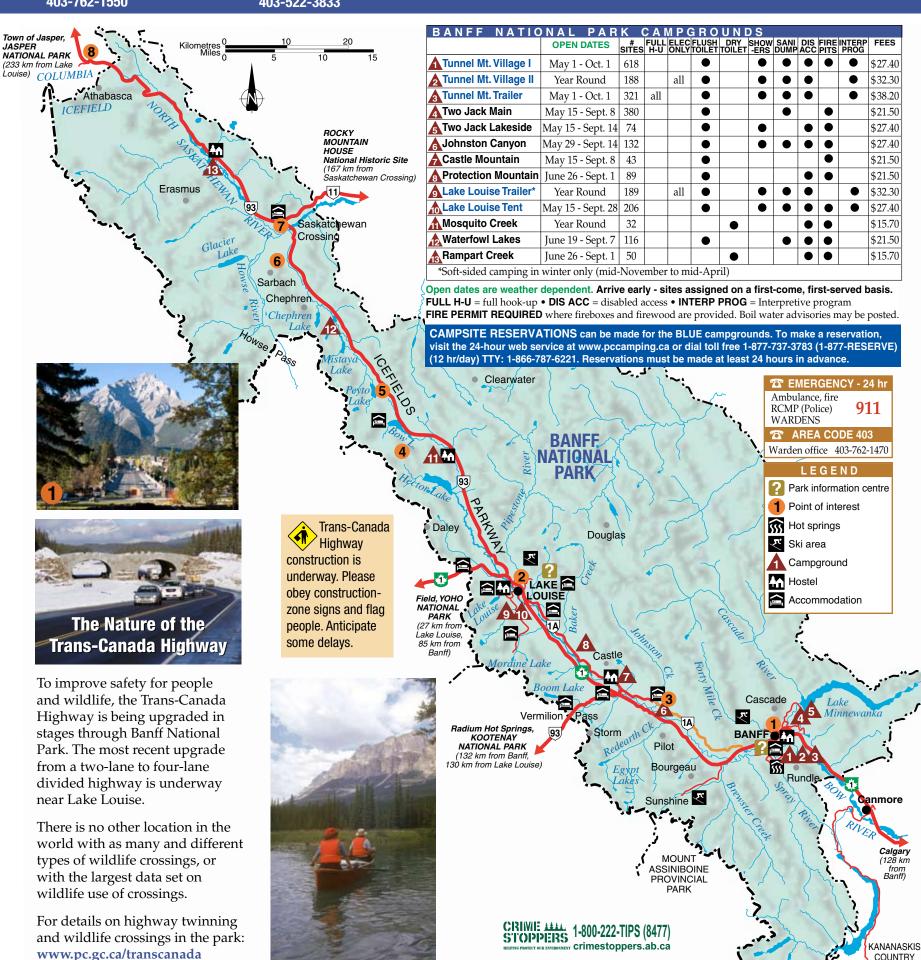
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77 km (55 min) from Lake Louise Fuel, food and accommodation are available from April to late October. At the viewpoint located just south of the resort, enjoy spectacular views and learn about Howse Pass National Historic Site.

8 Columbia Icefield

130 km (1.5 hr) from Lake Louise Plan to spend at least an hour. Please turn to the Jasper National Park information on pages 10 and 11.





COUNTRY